



Friends of the Living Rooms – Update September 2020

In March 2020 the Covid-19 Lockdown and continuing restrictions, meant activities at 5 and 5a The Garthway had to be suspended other than Hambleton Foodshare which has been able to operate on a very restricted “One in- One out” basis.

A weekly virtual Renew Wellbeing session is being held via Zoom and we were also able to set up the offer of a telephone conversation by referral.

During the summer there were some limited RenewWellbeing sessions in The Secret Garden with the generous support of Zion URC and The Secret Garden team.

The future is still uncertain but we hope by late October to re-open at Garthway, with the necessary limitations, for small and more frequent groups.

The Trustees and lead volunteers continue to meet regularly to monitor the situation and plan future developments.

Thank you.

We are so grateful for your support which will help us to sustain our support services